

Freedom Day is here but we plan to continue to look after our team and our guests. Things continue to be a little different so we still have these measures in place, but we have got it covered so that you can relax, and take rest...



you feel more comfortable wearing a mask or you would like to still wear a mask in public areas then please do so.

- We use disposable, compostable single-use linen for our treatments.

Government Guidelines and professional advice

- Whilst the government have now shifted the responsibility of living with coronavirus on to the individual and the business, we believe this to be a good thing, we have taken advice from The UK Spa Association, Stallard Kane, NatWest Mentor and the Lincolnshire growth hub.
- We are following guidelines from the UK spa association to keep you safe.
- Our team are fully trained in our Coronavirus procedures.
- We have implemented a screening questionnaire for our team. We have also suggested lateral flow test be taken a minimum of twice per week.



Social Distancing

- We have reduced our capacity to help aid social distancing.
- Continuing to stagger guest arrival times.
- Online consultation forms.
- Reduced occupancy in the gym.
- Please respect the personal space of others.



Personal Protective Equipment

- Our team have been provided with the necessary PPE and will be continuing to wear suitable PPE and masks around the spa.
- If you would feel more comfortable, please bring a face mask for your treatment.
- The law on face coverings has changed and you no longer need to wear a mask in the spa. However, if



Cleaning and Sanitising

- We have always been clean, but we are upping checks. Touchpoints and high traffic areas will be checked and cleaned every 30 mins.
- Sanitiser and environmentally friendly disinfectant spray will be available for your comfort in all key areas, on arrival and departure.
- We have invested in a fogging machine to help keep on top of a full sanitisation of the property in our down times.

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Treatments

- Following the latest guidelines, our treatments will be as normal.
- We have allocated additional time to allow the therapists to sanitise the room after every client.
- We use Scrummi single-use compostable linen for our treatments.
- Our therapists will be wearing PPE.



Optional Testing

- We have asked our team to take optional lateral flow tests a minimum of twice per week.
- We are also suggesting that our guests perform a lateral flow test prior to attending the spa.



Our promise to you

- We are continuing to operate a flexible booking policy if you need to postpone, cancel, or change your booking during this time you can do this with no strings attached. We can hold your money on account, provide you with vouchers to re-book when you can, or we can rearrange your booking to a suitable date.
- If you or anyone in your household presents with any Covid-19 Symptoms within 14 days of your booking, please notify us as soon as possible and follow the latest government guidelines. We can place your booking on hold until a more suitable time.
- Please be aware of the other spa guests and respect their personal space.
- Our amazing proverb hand sanitiser will be made available throughout your stay.
- Things may still be slightly different, but we aim to make every spa visit as special as it always has been.